

**GOVERNMENT OF JAMMU & KASHMIR
DIRECTORATE OF SCHOOL EDUCATION, JAMMU
MUTHI CAMP, JAMMU-181205**

The Chief Education Officers (All)

Jammu Division

No: DSEJ/Counselling/ 42431-43

Dated: 31/12/2021

Subject: Updated List of Faculty Counsellors (First level counsellors).

Ref: Communication from Administrative Department vide: Edu-PS00PR/78/2021-01(60372) dated 10/11/2021 regarding Psychological first Aid.

Apropos to the subject and reference cited above, in this context administrative department has directed to nominate teaching staff as first stage counsellors for providing psychological first aid to students in all the schools selecting them on their own volition.

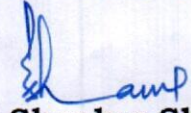
Counselling Cells have already been constituted in all the HSS/HS of Jammu Division vide order no. DSEJ/CC/17720-32 dated: 24-05-2019 and no. 49232-45 dated: 06-12-2017 respectively, following which faculty counsellors have been nominated to deal with mental health, career, and child protection issues of the students.

Manodarpan, an initiative of Ministry of Education and NEP-2020 lays emphasis on providing psychosocial support to students and teachers for their mental health and well-being.

Due to the transfer, promotion etc. of teaching staff working as faculty counsellors in schools, need has arisen for afresh constitution of counselling cells, thereby nominating one member of counselling cell as convener for providing psycho-social support to children.

Members of counselling cells should be selected based upon their skill and volition. The faculty counsellors selected must have innate qualities viz. prosocial, good listener, non-Judgmental, empathetic, compassionate, Patient, Good observer, confidential etc. Requisite training will be imparted to members of these cells (first stage counsellors) in a phased manner about various psychosocial issues and how to provide psychological first aid/counselling to the students.

In view of all of the above, you are directed to instruct HOIs of all the schools (HSS, HS, MS) to reconstitute counselling cells comprising 2 to 5 members depending upon staff position in their respective schools and nominate one convener of the counselling cell. You are further directed to send updated list of conveners of counselling cells in schools (HSS/HS/MS) to be trained on counselling skills for providing first level counselling at counsellingcelldsej@gmail.com as per the format attached (**Annexure 'A'**) within a week. For any Queries, Dr. Romesh Kumar, IC Counselling Cell DSEJ can be contacted at 9419210200.


(Dr. Ravi Shankar Sharma) JKAS
Director School Education
Jammu

Copy to the

1. Principal Secretary to Government, School Education Department, Civil Secretariat, Jammu J&K for kind information.
2. I/C Website for uploading on website.

I/7270/2021

Annexure 'A'

Format

S.No	Name	Designation	Institution	Qualification/ Experience	Mobile no	Email Id



Government of Jammu and Kashmir
SCHOOL EDUCATION DEPARTMENT
Civil Secretariat, Jammu/Kashmir

Director School Education,
Kashmir/Jammu.

No:-Edu-PSOOPR/78/2021-01(60372)

Dated:- 10-11-2021.

Subject:- Psychological first Aid for Counselors of Education Department
on 11th September, 2021.

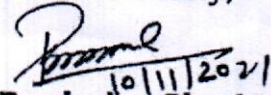
Sir,

An online program was organized by Indian Psychiatric Society on 11th September-2021 for training schools counselors.

In this connection, the undersigned is directed to convey you that the Principal Secretary School Education Department has directed to implement the program in three layers, as following, for providing succor in preventing and managing mental health among students and teachers:

- i. Teachers as 1st stage counselor selecting them on their own volition.
- ii. 24X7 Tele-counseling by hiring professional counselors through department of Psychiatry of GMC, SKIMS and both universities.
- iii. Tie up with Govt. medical colleges in different districts for a clinical investigation of serious mental health cases.

Yours faithfully,


(Ravinder Singh)

Deputy Director (PD&M)

Copy to the:-

1. Pvt. Secretary to Principal Secretary to Government, School Education Department for information of Principal Secretary.
2. Master file.