

**GOVERNMENT OF JAMMU & KASHMIR
DIRECTORATE OF SCHOOL EDUCATION, JAMMU
MUTHI CAMP, JAMMU-181205**

**The Chief Education Officer (All)
Jammu Division.**

No: DSEJ/Counselling/ 53290-302

Dated: 30/03/2022

Subject: Mental Health and Well-being Survey-reg.

Reference: i) Administrative communication vide No. Edu- PS/163/2021-01- SED (73934)
ii) Communication received from Ministry of Education Govt. of India, vide D.O.No.F.10-12/2020-Sch-4 dated: 14-02-2021

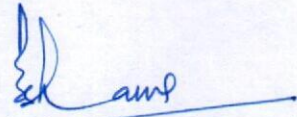
Apropos the Subject & reference cited above, In this context, Ministry of Education has undertaken 'MANODARPAN' initiative, which aims to provide psychological support to students, teachers and families for mental health and emotional well-being during the COVID outbreak and beyond.

Amongst various activities which are being undertaken under the Manodarpn initiative, a mental health and well-being Survey is being taken up for students of classes 6th to 12th across different regions of the country.

The survey will be conducted using Google Form (Link: <https://forms.gle/uG9mzbTSoDS335Uy6>)

In this connection, you are directed to issue instructions to HOIs of those Govt.Schools (HSS/HS/MS) where ICT facilities are being provided to students and teachers in order to facilitate the collection of data & also to encourage schools to ensure sincere and wholehearted participation of the students in the survey.

Enclosure : 2 leaves.


(Dr. Ravi Shankar Sharma) JKAS
Director School Education
Jammu

Copy to:-

1. PS to Principal Secretary to Government, School Education Department, Civil Secretariat, Jammu J&K for kind information.
2. Dr. Romesh Kumar, I/C Counselling Cell DSEJ for information and necessary action.
3. I/C Website for uploading it on Website.



Government of Jammu and Kashmir
SCHOOL EDUCATION DEPARTMENT
Civil Secretariat, Jammu/Kashmir

Chairman,
JKBOSE.

Director School Education,
Jammu/Kashmir.

Project Director,
Samagra Shiksha, J&K.

No:- Edu-PS/163/2021-01-SED(73934)

Dated:- 25.03.2022

Sub:- Mental Health and well-being Survey-reg.

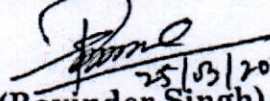
Madam/Sir,

Kindly find enclosed herewith a copy of D.O. No.F.10-12/2020-Sch-4 dated:14-02-2021, received from Department of School Education and Literacy, Ministry of Education Government of India, regarding the subject cited above.

Ministry of Education has undertaken 'MANODARPAN' initiative, which aims to provide psychosocial support to students, teachers and families for mental health and emotional well-being during the COVID outbreak and beyond. Amongst various activities which are being undertaken under the Manodarpn initiative, a mental health and well-being Survey is being taken up for students of classes 6th to 12th across different regions of the country.

In this connection, undersigned is directed to request you to kindly to encourage schools to ensure sincere and wholehearted participation of the students in the survey.

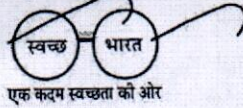
Yours faithfully,


(Ravinder Singh)

Deputy Director (PD&M)

Copy to the:-

1. Private Secretary to Principal Secretary to Government, School Education Department for information of Principal Secretary.
2. Master file.



सूचना का
अधिकार

L.S Changsan, IAS
Joint Secretary, (Institutions)
Tele. No. 011-23383226, 23070584
Email: lschangsan@nic.in

भारत सरकार
शिक्षा मंत्रालय
स्कूल शिक्षा और साक्षरता विभाग
शास्त्री भवन
नई दिल्ली - 110 115
GOVERNMENT OF INDIA
MINISTRY OF EDUCATION
DEPARTMENT OF SCHOOL EDUCATION & LITERACY
SHASTRI BHAVAN
NEW DELHI-110 115

D.O. No. F.10-12/2020-Sch.4

Dear Madam/Sir,

Subject: Mental Health and Well-being Survey-reg.

14th February, 2022

The National Education Policy, 2020 has highlighted mental health as one of the prime concerns to be addressed for children's optimal development and learning. The unprecedented circumstances following the COVID-19 pandemic including the closure of schools, new system of online classes, uncertainties about examinations and future career, and restrictions on outdoor activities due to lockdown have led to stress and anxiety among many students, calling for empathetic handling through psychosocial support. As you are aware, the Ministry of Education (MoE) has undertaken 'MANODARPAN' initiative, covering a wide range of activities to provide psychosocial support to students, teachers and families for mental health and emotional well-being during the COVID-19 outbreak and beyond. Amongst various activities which are being undertaken under the Manodarpn initiative, a Mental Health and Well-being Survey is being taken up for students of classes 6th to 12th across different regions of the country.

2. The survey will be conducted using Google Form (Link: <https://forms.gle/uG9mzbTS0DS335Uy6>). A brief video describing the purpose of the survey and steps for its administration is also developed to facilitate easy administration of the survey by School Head and teachers (Link: <https://drive.google.com/file/d/1qY4VcSGK2Umxe-RSvjEknbGLjG1kaltz/view>). Manodarpn Cell, NCERT will get in touch with you in this regard. You are requested to send the Google Forms to those State Government schools where ICT facilities are being provided to students and teachers in order to facilitate the collection of data. Information/responses will be filled in the Google Form by the students. School authorities should ensure that the duly filled-in forms are submitted at the earliest but not later than 10th March, 2022 positively.

3. In view of the above, I would request you to take necessary steps to encourage Government schools in your State/Union Territory to ensure sincere and wholehearted participation of their students in the survey. The inputs received after the analysis of data would help us plan and provide interventions to our students.

4. This may be accorded priority.

With warm regards,

Yours Sincerely,

(L.S Changsan)

1. The Secretaries (School Education) of all the States and Union Territories.

