

1/219380/2023

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 Website: www.schedujammu.nic.in
 Phone / Fax No: 0191-2598439

**GOVERNMENT OF JAMMU & KASHMIR
 DIRECTORATE OF SCHOOL EDUCATION JAMMU
 MUTHI CAMP, JAMMU – 181205**

Sub: Observations of 9th International Day of Yoga-2023 with theme "Humanity"- reg.

Circular No: 62 DSEJ of 2023

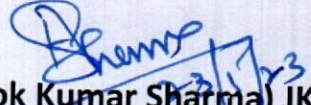
Dated: 23 - 05 - 2023

In pursuance to the communications of the Ministry of School Education & Literacy Government of India vide F.No.12-1/2023-IS-4, dated: 26-04-2023 and Ministry of Ayush GOI vide S-11012/13/2017-IEC, dated: 21-04-2023, a letter received from the Samagra Shiksha J&K, Jammu/Srinagar vide No: Edu/PD/Sms/IDY/549-72/2023-24, dated: 01-05-2023 wherein the Ministry has planned to organize flagship program of 9th International Day of Yoga on 21st June, 2023 with theme "Humanity" in all Schools of States and Union territories of India by organizing various activities related to Yoga to create awareness about India's rich fitness spirit among School children and teachers. Accordingly, this Directorate has decided to organize series of yoga related weeklong activities/events at district, zone and school level as per the common Yoga Protocols of Ministry of AYUSH as yoga being already a regular feature of DSEJ Project Fit India-2023-24.

In this context, all the Chief Education Officers of Jammu division are impressed upon to ensure its wide publicity among all Govt. as well as Pvt. Schools of Jammu division via various social media platforms, websites, School whats app groups, twitters, press notes and organize series of Yoga related proposed weekly activities/events w.e.f 15th June, 2023 to 21st June 2023 at district, zone and school level under Fit India @ DSEJ Project Yoga-2023 appended as Annexure-"A" in offline/online mode. Concerned CEOs should issue necessary instructions to all the subordinate staff /heads of Schools (HSS/HS/ MS/PS) for mass participation of good number of students/teachers for this programme involving stakeholders of School Education Department, members of Bhartiya Yog Sansthan J&K Jammu, District Ayush officers/officials, Master Trainers /Yoga Teachers, NCC cadets, NSS volunteers, PETs/PEMs/PELs members from Panchayats and local bodies to make the event of 9th International Day of Yoga a great success in Jammu Division.

District Nodal Officers (Fit India) shall monitor these activities in the respective districts and furnish status report to this directorate's Fit India Cell on Email Id at fitindia.dsej@jk.gov.in and Samagra Shiksha office on e-mail Id at jksamagrashiksha@gmail.com and jkfitindia@gmail.com by or before 22nd June, 2023 along with good quality photographs & videos.

Mr. Govind Sharma, Nodal Officer (mob no: 9419280527), Fit India Cell DSEJ shall be the division level coordinator for this flagship programme of 9th International Day of Yoga 2023.


 (Ashok Kumar Sharma) JKAS
 Director School Education
 Jammu

Dated: 23 - 05 - 2023

No: DSEJ/Fit India/Yoga/2023/ 16951-98
 Enclosures = 03 (Three) lvs

I/219380/2023

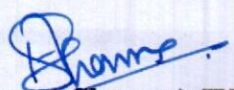
Copy to the:

1. Secretary to Government of India, School Education & Literacy, Ministry of Education New Delhi for kind information.
2. Secretary to Government of India, Ministry of Ayush New Delhi for kind information.
3. Mission Director, Fit India Movement, Sports Authority of India, New Delhi for kind information.
4. Principal Secretary to Govt, School Education Deptt., J&K UT, Civil Secretariat Jammu/Srinagar for kind information.
5. Divisional Commissioner Jammu for kind information.
6. Director SCERT, J&K Jammu for information.
7. Deputy Commissioners (All) Jammu Division for information.
8. Director Ayush J&K Jammu for information and with the request to provide Ayush officers/officials for IDY 2023 event.
9. SPD Samagra Shiksha, J&K, Jammu for information.
10. OSD to Advisor (B) to Hon'ble Lt. Governor J&K UT for kind information of Hon'ble Advisor.
11. Joint Directors Schools (All) Jammu Division for information and similar necessary action.
12. Joint Director Information, Jammu for inf. and with the request to publish this circular in the leading newspapers of J&K.
13. President Bhartiya Yog Sansthan J&K Jammu for information with the request to provide Yog experts for IDY-2023 event.
14. Chief Education Officers (All) Jammu Division for information and necessary action on priority basis.
15. Mr. Govind Sharma Nodal Officer, Fit India Cell, DSEJ for compliance and with the directions to coordinate this event.
16. District Nodal Officers (All) Fit India Movement, Jammu Division for information and necessary action.
17. I/C Website DSEJ for uploading it on official Website of DSEJ.
18. Master copy.

1/219380/2023

DIRECTORATE OF SCHOOL EDUCATION JAMMU, MUTHI CAMP, JAMMU – 181205**Annexure “A”****WEEKLY PROGRAMME SCHEDULE**

Date/ Day	Activity	Conducted By	Action By
15.06.2023	Launch of Summer Yog Camps in designated Higher Secondary Schools of Jammu Division in offline mode.	DSEJ/Bhartiya Yog Sansthan J&K	Chief Education Officers/HOIs of Schools of Jammu Division. List of identified iconic places/Schools for organizing the summer yog camps with timings will be provided to DSEJ by CEOs by or before 3 rd of June 2023.
16.06.2023	Yoga workshops/ demonstration programmes and essay writing competition/symposium-Yoga for respiratory Health.	DSEJ/ Bhartiya Yog Sansthan J&K/Ayush J&K.	Chief Education Officers/HOIs of Schools of Jammu Division.
17.06.2023	Seminars for teachers/students and slogan competition with theme “Humanity”.	DSEJ/ Bhartiya Yog Sansthan J&K/ Ayush J&K.	Chief Education Officers/HOIs of Schools of Jammu Division.
18.06.2023	Meditation, Mental Health and Stress Management.	DSEJ/ Bhartiya Yog Sansthan J&K/Ayush J&K.	Chief Education Officers/HOIs of Schools of Jammu Division
19.06.2023	Poster Competition, Quiz Competition Theme: “Humanity”.	DSEJ/ Bhartiya Yog Sansthan J&K/Ayush J&K.	Chief Education Officers/HOIs of Schools of Jammu Division.
20.06.2023	Yoga Asana, Pranayama and Painting Competition	DSEJ/ Bhartiya Yog Sansthan J&K/Ayush J&K.	Chief Education Officers/HOIs of Schools of Jammu Division.
21.06.2023	Mega Celebrations of International Day of Yoga 2023 at district & zone level and in all the Schools of Jammu Division on offline as well as online mode.	DSEJ/ Bhartiya Yog Sansthan J&K/Ayush J&K.	Chief Education Officers/HOIs of Schools of Jammu Division.


(Ashok Kumar Sharma) JKAS
Director School Education
Jammu.

No: DSEJ/Fit India/Yoga/2023/ 16951-98

Dated: 23-05-2023



2275036/2023-24
Directorate of SAMAGRA SHIKSHA

(Winter) Opposite Gurudwara, NH By Pass Road Channi Rama, Jammu- 180015
 (Summer) Behind B&J Hospital, Baghat-i-Barzulla, Rawatpora Srinagar-190005
 Phone: 0191-2467421 (Jammu), 0194-2435895 (Srinagar)
 Email ID: jksamagrashiksha@gmail.com



Mr. Govind

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The Director,
 School Education Department,
 Jammu/Kashmir.

No: EDU/PD/Sms/104/549-72/2023-24 Dated: 01-05-2023
 Sub: Observation of 9th International Day of Yoga i.e IDY- 2023-reg.

Ref., GOI, Ministry of Education, Department of School Education and Literacy
 vide No. F.N:12-1/2023-IS.4 dated 26-04-2023.

Sir,

Refer to the subject cited above, as 21st June is celebrated as International Day of Yoga (IDY). 9th International Day of Yoja be celebrated as 21-06-2023. Ministry of AYUSH vide D.O No S-11012/13/2017-IEC dated 21-04-3023. (copy enclosed) has planned to celebrate 9th IDY all across the country through various activities related to yoga and has requested to organize Mass Yoga Demonstration by the students, teacher etc. on the IDY and to arrange Yoga workshops/seminars for teachers, students in schools.

In view of F.N:12-1/2023-IS.4 dated 26-04-2023 GOI, Ministry of Education, Department of School Education and Literacy (Copy enclosed), it is requested that Chief Education Officer of your respective Division may kindly be be directed to issue further instructions to the HOIs of their respective districts to encourage the students/teachers for participation in celebration of 9th International Day of Yoga and other Yoga related activities in their schools and ensure maximum participation of students and teachers.

It is also requested that the particulars of the Nodal Officers engaged in this regard may be shared with this office on e-mail ID jkfitindia@gmail.com and jksamagrashiksha@gmail.com and he may also be directed to submit the Action Taken Report citing activities organized, activities wise no. Of schools, students and teachers participated of your respective division alongwith high quality videos/photographs as per format given below by or before 22-06-2023 through above caption e-mail for on word submission to the Ministry.

S.No	District	Name of Activities participated conducted organized	No. Of Schools participation	No. Of Students participation	No.of teachers participation	No. Of Videos/Photograph

Yours faithfully,

Deep Raj

Deep Raj
 Project Director,
 Samagra Shiksha, J&K.

Copy to the :-

1. Principal Secretary to Government , School Education Department for information please.
2. Chief Education Officer (All) for information and further necessary action.
3. Office file

F.N:12-1/2023-IS.4
Government of India
Ministry of Education
Department of School Education & Literacy

Shastri Bhawan, New Delhi
Date: 26.04.2023

To
The Additional Chief Secretary/Principal Secretary/Secretary (Education)
All States/UTs

Subject:- Observation of 9th International Day of Yoga i.e. IDY-2023 – reg.

Sir,

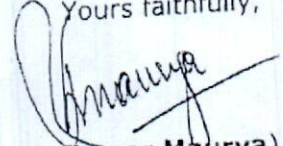
I am directed to forward herewith a copy of the Ministry of AYUSH's D.O. No. S-11012/13/2017-IEC dated 21.04.2023, on the subject cited above.

2. As you are aware every year 21st June is celebrated as International Day of Yoga (IDY). 9th International Day of Yoga will be celebrated on 21.06.2023. In this regard, M/o AYUSH has planned to celebrate 9th IDY all across the country through various activities related to yoga. M/o AYUSH has requested this Ministry to organize Mass Yoga Demonstration by students, teachers etc. on the IDY and also requested to arrange Yoga workshops/seminars for teachers, students in schools.

3. In view of the above, it is requested to issue necessary instructions to encourage the students for participating in the celebration of 9th International Day of Yoga and other yoga related activities in their schools.

4. This may be accorded "Top Priority".

Encl: As above.

Yours faithfully,


(Rajesh Kumar Maurya)
Under Secretary to the Government of India
Tel No. 011-23384501
Mail id: rajmaurya.edu@nic.in

Copy to: SPDs under Samagra Shiksha of all States/UTs



वैद्य राजेश कोटेचा
सचिव

Vaidya Rajesh Kotecha
Secretary



सत्यमेव जयते
आज्ञापीता
अमृत महोत्सव

भारत सरकार
आयुष मंत्रालय
आयुष भवन, 'बी' ब्लॉक, जी.पी.ओ. कॉम्प्लेक्स,
आई.एन.ए. नई दिल्ली-110023
Government of India
Ministry of Ayush
Ayush Bhawan, B-Block, GPO Complex,
INA, New Delhi-110023
Tel. : 011-24651950, Fax : 011-24651937
E-mail : secy-ayush@nic.in

Dear Shri Sanjay Kumar,

D.O. No. S-11012/13/2017-IEC
21st April, 2023

I am pleased to inform that the Government of India is successfully observing the International Day of Yoga (IDY) in the past with the co-operation from all the stakeholders. This year, initiatives for the upcoming 9th International Day of Yoga, 2023 have already begun.

In this regard, Ministry of Education has also played an appreciable role in the past in promoting and propagating Yoga by organizing various Yoga-related activities. It is requested to kindly consider the following this year:

- Organizing the Yoga Olympiad in association with NCERT and State Governments across the country at various level, including Kendriya Vidyalayas, Navodaya Vidyalayas, Ramakrishna Education Society, DPS Society and DAV Educational Society to increase participation in various on-ground activities and contests.
- Arranging Yoga workshops for school teachers and organizing Yoga workshops and seminars for teachers, students in colleges and Universities.
- Mass Yoga Demonstration on the IDY.

I would be grateful for your kind support in making the International Day of Yoga 2023 a success. I look forward to your response and will be happy to extend any technical support required from this Ministry.

With regards,

Yours sincerely,

वैद्य राजेश कोटेचा

(Rajesh Kotecha)

Shri Sanjay Kumar
Secretary,
Department of School Education & Literacy,
Ministry of Education,
Shastri Bhavan,
New Delhi-110001.
(Email: secy.sel@nic.in)